

# Volunteer Overview – Swim Course



**Your primary responsibility is to assist with the organization of the swim start and/or swim finish.**

## **Variety of Volunteer Positions on Course**

- Corraling athletes in start shoot according to assigned swim wave (total of 8, leaving every 4 minutes).
- Keep start/finish areas clear (i.e. keeping spectators off course)
- Counting swimmers in & counting swimmers out of water.
- Monitoring course for any swimmers in distress (notify safety personnel if there is an issue).
- Providing assistance to athletes (i.e. missing swim cap or timing chip).
- Direct athletes in appropriate direction.

**Remember – athletes can understand arm motions and pointing better than other means of communication, so don't hesitate to be animated.**

***Make sure to be courteous of participants and show your support by cheering them on!***

You will receive a list of the key contact numbers when you check in. If anything happens in the vicinity of your volunteer post, you will want to follow these steps:

## **Medical**

If an athlete is down on the ground or complains to you about not feeling well, take the following steps:

1. Make sure the scene is safe. If the scene is not safe (i.e. if the swimmer is in the middle of the beach and can't be moved), call the emergency dispatch and inform the Police.
2. Once the scene is safe, keep the athlete from moving
3. Call the appropriate phone number:
  - If the athlete is able to speak, and doesn't appear to have threatening injuries, call the race directors or the volunteer coordinators.
  - If the athlete is unconscious or bleeding profusely, call the emergency dispatch and inform an ambulance, then call the race directors or the volunteer coordinators.
  - If you aren't sure how severe the situation is, call the race directors and explain the situation.

**It is imperative to remind athletes to notify the race management team if they withdraw from the competition at any time. We need to account for them and make sure they are safely off the course. This will ensure that a missing swimmer plan is not initiated for an athlete who never started the race. Anyone who withdraws from the race needs to report to the timing trailer, return their chip, and report as a DNF.**

# **THANK YOU FOR VOLUNTEERING! HAVE FUN!**